

STATEMENTS

You have the option to choose those deemed most relevant to the group, or make them more specific to the experiences of young people you are working with given what has come up in the group already.

- Being in the same room as a spider
- Being asked to speak in public
- Being asked on a date by someone you fancy
- Being asked on a date by someone you don't fancy
- Saying hi to someone you like
- Asking someone out
- Being asked to send a naked picture of yourself to someone
- Being followed on Instagram by someone you don't like
- Being followed on Instagram by someone you fancy
- Someone making a negative comment about you on social media
- Someone praising your picture on social media
- Someone making a positive comment to you in person
- Someone saying something hurtful to you in public
- Someone touching you when you don't want them to
- Someone touching you when you do want them to
- Having a fight with a friend
- Having a fight with a family member
- Having a fight with a girl or boy you like
- You are challenged to a fight by a group of other young people on a night out
- Being turned down / rejected
- Asked to kiss someone in exchange for cinema tickets